

附表. 行政院衛生署兒童及青少年肥胖定義 (BMI 標準)

年 齡	男生			女生		
	正常範圍 (BMI 介於)	過重 (BMI $\geq$ )	肥胖 (BMI $\geq$ )	正常範圍 (BMI 介於)	過重 (BMI $\geq$ )	肥胖 (BMI $\geq$ )
2	15.2-17.7	17.7	19.0	14.9-17.3	17.3	18.3
3	14.8-17.7	17.7	19.1	14.5-17.2	17.2	18.5
4	14.4-17.7	17.7	19.3	14.2-17.1	17.1	18.6
5	14.0-17.7	17.7	19.4	13.9-17.1	17.1	18.9
6	13.9-17.9	17.9	19.7	13.6-17.2	17.2	19.1
7	14.7-18.6	18.6	21.2	14.4-18.0	18.0	20.3
8	15.0-19.3	19.3	22.0	14.6-18.8	18.8	21.0
9	15.2-19.7	19.7	22.5	14.9-19.3	19.3	21.6
10	15.4-20.3	20.3	22.9	15.2-20.1	20.1	22.3
11	15.8-21.0	21.0	23.5	15.8-20.9	20.9	23.1
12	16.4-21.5	21.5	24.2	16.4-21.6	21.6	23.9
13	17.0-22.2	22.2	24.8	17.0-22.2	22.2	24.6
14	17.6-22.7	22.7	25.2	17.6-22.7	22.7	25.1
15	18.2-23.1	23.1	25.5	18.0-22.7	22.7	25.3
16	18.6-23.4	23.4	25.6	18.2-22.7	22.7	25.3
17	19.0-23.6	23.6	25.6	18.3-22.7	22.7	25.3
18	19.2-23.7	23.7	25.6	18.3-22.7	22.7	25.3